

Supported Independent Living.

Supported Independent Living (SIL) is help with and/or supervision of daily tasks to develop the skills of an individual to live as independently as possible. SIL can be delivered to an individual whether they live alone or in shared accommodation.

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According to your support needs and NDIS funding, our comprehensive SIL services can include:

- ▶ overnight and 24-hour support
- ▶ assistance with daily living (e.g. personal care; meal preparation; medication assistance; domestic support including assistance with cleaning and gardening; shopping; and attending appointments)
- ▶ mobility support
- ▶ community participation
- ▶ transport assistance
- ▶ therapy support

Who can access SIL support?

SIL is best suited for participants who have high support needs. This means you require a significant amount of help throughout the day. The amount of SIL funding you receive depends on the level and type of support you need to live independently, and what is considered reasonable and necessary for your needs.

A number of factors are taken into consideration including:

- ▶ your individual circumstances and needs
- ▶ your age (available to participants aged 18 and over)
- ▶ your goals and preferences
- ▶ your independence, living skills and capacity-building needs
- ▶ modifications to your home or assistive technology to increase independence and safety
- ▶ information, reports and assessments provided by you, health professionals and providers.

Find out more at carechoice.com.au
or call our friendly team on **1300 737 942**

 **CareChoice**[®]
Taking care further

Supported Independent Living.

Do I have to live in disability housing to get SIL support?

No, CareChoice provides SIL or 24/7 core funded supports to participants who may not be eligible for funded housing, or would prefer to stay living in their own home. If it meets their accessibility needs, most people continue living in their own home. SIL support offers participants the opportunity to live as independently as possible, while building their skills.

We can provide SIL to people who are living in a privately owned or rented home, Medium Term Accommodation (MTA) and those who are living in Specialist Disability Accommodation (SDA).

SIL supports are provided to you regardless of property ownership and whether you live alone or in shared accommodation.



What does SIL funding cover?

SIL funding covers round-the-clock disability support services except during the day on weekdays. The community participation supports in your plan usually cover supports required during these hours. SIL does not cover living costs such as:

- ▶ rent
- ▶ utilities (gas, electricity, water, telephone, internet)
- ▶ groceries
- ▶ activities, entertainment and memberships etc.

About us.

Established in 2007, CareChoice is a trusted provider of disability support services and Out of Home Care across Victoria.

We are a registered service provider with the following agencies:

- ▶ National Disability Insurance Agency (NDIA)
- ▶ Department of Families, Fairness and Housing (DFFH)
- ▶ Transport Accident Commission (TAC)

We offer a range of services including:

- ▶ 24-hour complex disability support
- ▶ Supported Independent Living (SIL) in people's own homes, Medium Term Accommodation (MTA) or Specialist Disability Accommodation (SDA)
- ▶ Rapid Hospital Discharge
- ▶ Community Access & Transport
- ▶ Support Coordination
- ▶ Positive Behaviour Support

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